



www.tofc.ca

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## Player Commitment Form

**I, as a selected Thompson Okanagan FC Player, agree to the following commitments for the 2021/2022 season.**

To:

- Attend all scheduled practices and games.
- Contact the coach at least 24 hours prior if unable to attend games and or practices.
- Arrive at least minimum 1 hour before scheduled games.
- Arrive 15 minutes before scheduled practices and be ready to start on time.
- Wear appropriate footwear and clothing for games/practices.
- Agree that playing time is a privilege to be earned, and that there is no guarantee of playing time beyond the mandated 30% minimum average of active attended games.
- Treat others as I would like to be treated.
- Practice and encourage good sportsmanship with all players, coaches, game officials and parents at every game, practice and event.
- Treat coaches, managers, team officials and teammates with respect.
- Respect decisions of the coach and club staff.
- Vow to speak to my coach (with club TD present if desired) directly in the event of disagreement with the coach, and to express concerns or views in a respectful manner.
- Follow all rules and curfews while travelling, and conduct oneself with pride and decorum in representing the club.
- Refrain from any actions that might offend fellow team mates, opponents, officials and coaches.
- Refrain from bullying teammates while vowing to interject and stand up to anyone seen bullying another teammate

- Refrain from the use of alcohol, illicit drugs, cigarettes or other tobacco products, and vaping. Players found to be in possession of and/or using any such product while at any TOFC event (game, practice, hotel, bus, team/club organized function, etc.) will be dismissed from the club.
- Maintain the highest ethical and moral standards as a representative of TOFC.
- Play by the rules and in the spirit of the game.
- Take responsibility and be accountable for personal actions.
- Abide by TOFC's rule to follow singular football programming only, in accordance with BCSPL regulations.
- **PRIORITIZE ALL TOFC programming** (games, training, meetings, etc) ahead of conflicting private academy sessions or events, or those of other activities including, but not exclusive to, high school sports.
- Understand that if I break these commitments, there will be consequences.
- Put team before self EVERY time.

*Acceptance of, and agreement to comply with the terms of this document are indicated electronically by completion of the Thompson Okanagan FC Player Registration Form.*

*Failure to adhere to these commitments may result in expulsion from the program at the discretion of the coaching staff in conjunction with the Technical Director and General Manager.*

Revised July 2, 2019

