



What is Thompson Okanagan FC

TOFC (Thompson Okanagan Football Club) is the interior regional representative of the BCSPL (BC Soccer Premier League) also known as the HPL (High Performance League). The BCSPL is the highest level of youth soccer within British Columbia. It is supported by both BC Soccer and the Vancouver Whitecaps as the primary pathway for higher level players. TOFC is the only BC Interior representative within the eight team league. The BCSPL is the single recognized path to BC Provincial High Performance Teams and Programming. The TOFC mission is to fulfill our player's needs as an organization committed to excellence and advancement in the discipline of soccer. Our goal is to create an active and healthy community by focusing on youth players in harmony with the Canadian Soccer Association's Long Term Player Development Model.

How is TOFC different than Select/Rep Soccer?

TOFC has a year round focus and plays in a higher level league than the select programs. The BCSPL is the highest level youth soccer league in British Columbia and one of only 3 High Performance Leagues in Canada. The BCSPL is above the TOYSL League (Select Level B and A) in terms of competition level. BCSPL Coaches must meet minimum coaching standards. The annual schedule follows a periodization plan laid out by BC Soccer. TOFC competes for the Provincial Premier Cup as opposed to the A and B provincial cups for A rep and B rep.

Where do TOFC players come from?

All of the TOYSL clubs (Penticton, Kelowna, Vernon, Kamloops, Shuswap) have representation in the TOFC programs. TOFC supports all of the Interior clubs in their mandate to promote their talent to TOFC for the next level of player development. TOFC also has representation from other areas of the interior such as Revelstoke, the Kootenays and Prince George.

Why the BCSPL?

It is the goal of BC Soccer to continue to be committed to a comprehensive approach to improve player development in British Columbia, ultimately, to make Canada a stronger soccer nation. Part of the broad-based plan was the creation and development of a High Performance League in BC. This league is known as the “EA SPORTS BC SOCCER PREMIER LEAGUE”. The EA Sports BC Soccer Premier League will deliver on the following key development initiatives:

- Support CSA’s “**Player First**” mentality and its **Long Term Player Development** strategy
- Provide a **CLEAR AND RECOGNIZED PATHWAY** for players to be developed, identified and promoted
- Maintain and enhance High Performance Technical Standards

When do the teams play?

We play approximately 20-25 games of league play split into two phases or “seasons”: a Spring/Summer season (Phase 1) and a Fall season (Phase 2). League play begins in late February and goes until November. Breaks occur in the programming during summer and the winter.

When do the teams practice?

The teams practice a minimum of two times a week. Additionally, goalkeepers have a specialized training session each week. As TOFC is built from regional representation, the club manages each team’s training locations differently. Current practice schedules can be found on the TOFC website tofc.ca



What is the cost and what do the fees cover?

The cost for a player is generally around the \$3000-3500 mark annually, but can fluctuate depending on player numbers and sponsorships. TOFC is always looking for sponsors to help alleviate the costs associated with the league. Fees go towards a variety of expenses, including bus travel to all away matches, hotel costs for overnight trips, field rentals for training (indoor and outdoor) and games, uniforms, training gear, equipment, the Vancouver Whitecaps FC Showcase tournament for University and College Scouting (U15-U18 teams), the SX Cup tournament (Intake through U14 teams), referee fees, coaching, coach development, and administration. To compare, a typical Select program is around \$700 and is a 9 or 10 game schedule. Some rep programs are even higher, with little travel and fewer games.

Are coaches paid?

Yes, all coaches are contracted and receive a monthly amount for their services. Amounts range from \$5000-\$9000 per year.

Are there guidelines around coaches?

The BCSPL takes the stance that coaches should not be coaching their own children, and we try to abide by this. TOFC also looks to have coaches switch teams every two years.

Where does TOFC fit in the big picture?

TOFC sits just below the Provincial High Performance Program. The BCSPL is the recognized pathway to Provincial High Performance Program and the Vancouver Whitecaps FC Residency Programming / Women's REX Programming. Canadian and U.S. Universities and Colleges also recognize the BCSPL as a primary source of talent. If a player is looking to get scouted, the BCSPL is the best avenue for them.



HIGH PERFORMANCE PATHWAY





Thompson Okanagan Football Club

By the Numbers 2015-2016

British Columbia Provincial High Performance Program

- TOFC Boys 2003 age group in BC Provincial High Performance Program – 2
- TOFC Girls 2003 age group in BC Provincial High Performance Program – 4
- TOFC Boys 2002 age group in BC Provincial High Performance Program – 3
- TOFC Girls 2002 age group in BC Provincial High Performance Program – 3
- TOFC Boys 2001 age group in BC Provincial High Performance Program – 2
- TOFC Girls 2001 age group in BC Provincial High Performance Program – 2
- TOFC Boys 2000 age group in BC Provincial High Performance Program – 1
- TOFC Girls 2000 age group in BC Provincial High Performance Program – 1
- TOFC Boys 1999 age group in BC Provincial High Performance Program – 3
- TOFC Girls 1999 age group in BC Provincial High Performance Program – 2
- TOFC Boys 1998 age group in BC Provincial High Performance Program – 3

26 TOFC players selected for Provincial High Performance Programming
Or 15% of TOFC Players

Scholarships to Canadian and U.S. Universities and Colleges

12 TOFC graduating players have received Scholarships to Canadian and U.S. Universities and Colleges with several more players entering their final year at TOFC having already committed to schools for the following year

Vancouver Whitecaps Residency Programming

- TOFC players in fulltime Whitecaps Residency Program – 1
- TOFC players in fulltime Whitecaps Pre-Residency Program – 1
- TOFC players invited to periodic Residency Program Training – 3

Whitecaps FC Girls Elite REX Programming

TOFC players invited to REX Integration programming - 3

“Representing the highest level of youth soccer in the Thompson Okanagan area”

Development and Identification Roles and Responsibilities



High Performance Player Development



BC SOCCER

Player Identification and Development Oversight



Professional Player Development