



## **Thompson Okanagan Football Club**

### **COVID 19 Illness Policy**

This Thompson Okanagan FC ("Club") policy is applicable to all Club staff, volunteers, referees, members, players and each of their family members with respect to illness and attendance or participation in any sanctioned Club activity or event.

Noncompliance with the requirements of this policy could result in removal from the sanctioned activity and in situations of gross negligence, removal from the Club membership and all sanctioned Club activities and events.

#### **Defined Terms**

- "Activity" shall be defined as Club-sanctions activities (i.e. training session).
- "Facility" shall mean any Club facility used for any Activity including but not limited to clubhouses and fields.
- "Team Member" is defined as any staff member, volunteer, participant, or family member of any of these.

**IT IS MANDTAORY FOR ALL TEAM MEMBERS TO INFORM A CLUB OFFICIAL, TECHNICAL STAFF MEMBER OR COACH/MANAGER IMMEDIATELY IF, THEY FEEL ANY SYMPTOMS OF COVID-19 SUCH AS FEVER, CHILLS, COUGH, SHORTNESS OF BREATH, SORE THROAT AND PAINFUL SWALLOWING, STUFFY OR RUNNY NOSE, LOSS OF SENSE OF SMELL, HEADACHE, MUSCLE ACHES, FATIGUE AND LOSS OF APPETITE.**

#### **Self-Assessment Requirement**

- Team Members must review the self-assessment signage located throughout the facility / park before their participation in any Activity to confirm that they are not feeling any COVID 19 symptoms.
- Managers/coaches will visually monitor Team Members' health throughout the Activity.
- If Team Members are unsure of any symptoms they may be aware of, they should use the COVID Self Assessment Tool at <https://bc.thrive.health/covid19/en> to confirm their readiness to participate in the activity.

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- If a Team Member is considered vulnerable or at risk (elderly individuals, immunosuppressed persons, individuals suffering from serious health problems, notably high blood pressure, pulmonary diseases, diabetes, obesity and asthma) the Club must be notified of this vulnerability and the Team Member is requested to seek written doctor's approval for participation in the Activity.

### **If a Team Member is feeling sick with COVID-19 symptoms, regardless of severity (i.e., even mild symptoms)**

- They must remain at home.
- They should consider contacting Health Link BC at 8-1-1.
- They will be sent home immediately and unable to return until the symptoms clear completely.
- No Team Member may participate in any Activity if they are symptomatic.

### **If a Team Member tests positive for COVID-19**

- The Team Member will not be permitted to return to any Activity until they are completely recovered from COVID-19 and provide the Club with a doctor's note confirming the same.
- Any Team Member who has been in close contact with an infected Team Member will also be removed from all Activity for at least 14 days to ensure the infection does not spread further.

### **If a Team Member has been tested and is waiting for the results of a COVID-19 Test**

- As with any confirmed case, the Team Member will be unable to participate in any Activity until test results are received and a negative result is confirmed.
- Other Team Members who may have been exposed will be informed and removed from the Activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities

Covid Illness Policy 1.0  
June 2020

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**If a Team Member has come in to contact with someone who is confirmed to have COVID-19 or if someone in the Team Member's household is showing symptoms of COVID-19**

- Team Members must inform the Club as soon as possible upon belief or confirmation they have been exposed to COVID-19.
- The Team Member will be removed from all Activity for at least 14 days or as otherwise directed by public health authorities.
- Team Members who may have come into close contact with the Team Member will also be removed from all Activity for at least 14 days.

### **Team Member Quarantine Requirements**

- Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to participate in any Activity or be present at any Facility
- Any Team Member who has travelled outside of Canada or the province within the last 14 days must quarantine and self- isolate.
- Any Team Member who has been instructed by public health authorities to self-isolate.

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### References *(Ctrl+click to follow links)*

PROVINCE OF BRITISH COLUMBIA

- [BC's Restart Plan](#)
- [BC Centre For Disease Control](#)
- [BC Provincial Health Orders](#)
- [Interior Health Covid 19 Information](#)

### Health Resources

- **COVID-19 (B.C.) Provincial Support:**  
<https://www2.gov.bc.ca/gov/content/safety/emergencypreparedness-response-recovery/covid-19-provincial-support>
- **BC COVID-19 Self-Assessment Tool:** <https://bc.thrive.health/covid19/en>
- **Health Canada Handwashing Guidelines:**  
<https://www.canada.ca/content/dam/phacaspc/documents/services/diseases-maladies/reduce-spread-covid-19-wash-your-hands/enhandwashing.pdf>

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## **Thompson Okanagan Football Club**

### **Sports and Recreation Information** *(Ctrl+click to follow links)*

- [ViaSport Return to High Performance Sport Framework](#)
- [BC Soccer Return To Play Information](#)

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